



Good Friday Reflection

Introduction: Good Friday is the day that “Christ Followers” remember, reflect and honor the way that Jesus suffered and died on a cross for our sins.

We would normally gather together in corporate worship on this day, but current circumstances don’t allow. May the Lord still be praised!

We’ve put together a harmony of the “Gospels” that provides the factual and true account of: Jesus and the disciples Last Supper, Peter’s denial of Jesus, Jesus’ agonizing time in the Garden of Gethsemane, his betrayal and arrest, his trial before Pilate, his road to crucifixion, and Jesus Christ crucified.

Please use this document to reflect and worship Jesus our Savior at home together with your loved ones. Maybe even over Zoom, Facetime or other available social venues with friends and family that can’t be present.

Be sure to have bread and juice available to celebrate Communion together. For those of you home alone, celebrate Communion with Jesus. We’ve provided a “Lord’s Supper Guide” along with this document to help you along. We suggest having Communion right after you’ve read through Part 1.

Share reading the different Parts if you’d like or when possible. Visit together or pray together after each section and sing or listen to the songs suggested too.

Friends, we’re suffering through some difficult times, but suffering is what Jesus did and what he calls us to. His suffering has set us free! Have faith in the One that knows all things, is with us always, has the power over all things even sin and death, and loves you the most. Share this “Good News” with someone else.

It’s Friday...but Sunday’s coming!

Song: How Deep the Father’s Love <https://www.youtube.com/watch?v=tzQj7XvKFmA>
Part 1:

John 13:1-17 It was just before the Passover Feast. Jesus knew that the time had come for him to leave this world and go to the Father. Having loved his own who were in the world, he now showed them the full extent of his love. ²The evening meal was being served, and the devil had already prompted Judas Iscariot, son of Simon, to betray Jesus. ³Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; ⁴so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. ⁵After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him. ⁶He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" ⁷Jesus replied, "You do not realize now what I am doing, but later you will understand." ⁸"No," said Peter, "you shall never wash my feet." Jesus answered, "Unless I wash you, you have no part with me." ⁹"Then, Lord," Simon Peter replied, "not just my feet but my hands and my head as well!" ¹⁰Jesus answered, "A person who has had a bath needs only to wash his feet; his whole body is clean. And you are clean, though not every one of you." ¹¹For he knew who was going to betray him, and that was why he said not every one was clean. ¹²When he had finished washing their feet, he put on his clothes and returned to his place. "Do you understand what I have done for you?" he asked them. ¹³"You call me 'Teacher' and 'Lord,' and rightly so, for that is what I am. ¹⁴Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. ¹⁵I have set you an example that you should do as I have done for you. ¹⁶I tell you the truth, no servant is greater than his master, nor is a messenger greater than the one who sent him. ¹⁷Now that you know these things, you will be blessed if you do them.

Luke 22:15-20 And he said to them, "I have eagerly desired to eat this Passover with you before I suffer. ¹⁶For I tell you, I will not eat it again until it finds fulfillment in the kingdom of God." ¹⁷After taking the cup, he gave thanks and said, "Take this and divide it among you. ¹⁸For I tell you I will not drink again of the fruit of the vine until the kingdom of God comes." ¹⁹And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." ²⁰In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you.

Song: Blessed Assurance (Hymn) <https://www.youtube.com/watch?v=rDeiy9-t2GE>

Here I Am to Worship (Chris Tomlin) <https://www.youtube.com/watch?v=FaUTv1pXRyU>

Part 2:

Luke 22:21-23 But the hand of him who is going to betray me is with mine on the table. ²²The Son of Man will go as it has been decreed, but woe to that man who betrays him." ²³They began to question among themselves which of them it might be who would do this.

Matthew 26: 22-25 They were very sad and began to say to him one after the other, "Surely not I, Lord?" ²³ Jesus replied, "The one who has dipped his hand into the bowl with me will betray me. ²⁴The Son of Man will go just as it is written about him. But woe to that man who betrays the Son of Man! It would be better for him if he had not been born." ²⁵Then Judas, the one who would betray him, said, "Surely not I, Rabbi?" Jesus answered, "Yes, it is you."

John 13:22-30 His disciples stared at one another, at a loss to know which of them he meant. ²³One of them, the disciple whom Jesus loved, was reclining next to him. ²⁴Simon Peter motioned to this disciple and said, "Ask him which one he means." ²⁵Leaning back against Jesus, he asked him, "Lord, who is it?" ²⁶Jesus answered, "It is the one to whom I will give this piece of bread when I have dipped it in the dish." Then, dipping the piece of bread, he gave it to Judas Iscariot, son of Simon. ²⁷As soon as Judas took the bread, Satan entered into him. "What you are about to do, do quickly," Jesus told him, ²⁸but no one at the meal understood why Jesus said this to him. ²⁹Since Judas had charge of the money, some thought Jesus was telling him to buy what was needed for the Feast, or to give something to the poor. ³⁰As soon as Judas had taken the bread, he went out. And it was night.

Luke 22: 24-30 Also a dispute arose among them as to which of them was considered to be greatest. ²⁵ Jesus said to them, “The kings of the Gentiles lord it over them; and those who exercise authority over them call themselves Benefactors. ²⁶ But you are not to be like that. Instead, the greatest among you should be like the youngest, and the one who rules like the one who serves. ²⁷ For who is greater, the one who is at the table or the one who serves? Is it not the one who is at the table? But I am among you as one who serves. ²⁸ You are those who have stood by me in my trials. ²⁹ And I confer on you a kingdom, just as my Father conferred one on me, ³⁰ so that you may eat and drink at my table in my kingdom and sit on thrones, judging the twelve tribes of Israel.

Mathew 26:31-35 Then Jesus told them, “This very night you will all fall away on account of me, for it is written: “ ‘I will strike the shepherd, and the sheep of the flock will be scattered.’” ³² But after I have risen, I will go ahead of you into Galilee.” ³³ Peter replied, “Even if all fall away on account of you, I never will.” ³⁴ “I tell you the truth,” Jesus answered, “this very night, before the rooster crows, you will disown me three times.” ³⁵ But Peter declared, “Even if I have to die with you, I will never disown you.” And all the other disciples said the same.

Song: With Lifted Hands by Ryan Stevenson https://www.youtube.com/watch?v=IitH6m_u2Rs
Sweetly Broken by Jeremy Riddle <https://www.youtube.com/watch?v=J6PcTIkQJIs>

Part 3:

Matthew 26:36-39a Then Jesus went with his disciples to a place called Gethsemane, and he said to them, “Sit here while I go over there and pray.” ³⁷ He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. ³⁸ Then he said to them, “My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me.” Going a little farther, he fell with his face to the ground and prayed,

Mark 14:36 “*Abba*, Father,” he said, “everything is possible for you. Take this cup from me. Yet not what I will, but what you will.”

Luke 22:43-46 “An angel from heaven appeared to him and strengthened him. ⁴⁴ And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground. ⁴⁵ When he rose from prayer and went back to the disciples, he found them asleep, exhausted from sorrow..”

Matthew 26:40b-46 Could you men not keep watch with me for one hour?” he asked Peter. ⁴¹ “Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak.” ⁴² He went away a second time and prayed, “My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done.” ⁴³ When he came back, he again found them sleeping, because their eyes were heavy. ⁴⁴ So he left them and went away once more and prayed the third time, saying the same thing.

⁴⁵ Then he returned to the disciples and said to them, “Are you still sleeping and resting? Look, the hour is near, and the Son of Man is betrayed into the hands of sinners. ⁴⁶ Rise, let us go! Here comes my betrayer!”

Mark 14:43 Just as he was speaking, Judas, one of the Twelve, appeared. With him was a crowd armed with swords and clubs, sent from the chief priests, the teachers of the law, and the elders.

Matthew 26:48-49 Now the betrayer had arranged a signal with them: “The one I kiss is the man; arrest him.” ⁴⁹ Going at once to Jesus, Judas said, “Greetings, Rabbi!” and kissed him.

Luke 22:48 but Jesus asked him, “Judas, are you betraying the Son of Man with a kiss?”

John 18:4-7 Jesus, knowing all that was going to happen to him, went out and asked them, “Who is it you want?”⁵ “Jesus of Nazareth,” they replied. “I am he,” Jesus said. (And Judas the traitor was standing there with them.)⁶ When Jesus said, “I am he,” they drew back and fell to the ground.⁷

John 18:10-11 Then Simon Peter, who had a sword, drew it and struck the high priest’s servant, cutting off his right ear. (The servant’s name was Malchus.)¹¹ Jesus commanded Peter, “Put your sword away! Shall I not drink the cup the Father has given me?”

Matthew 26:53-54 Do you think I cannot call on my Father, and he will at once put at my disposal more than twelve legions of angels?⁵⁴ But how then would the Scriptures be fulfilled that say it must happen in this way?”

Luke 22:51 “No more of this!” And he touched the man’s ear and healed him.

Matthew 26:55 At that time Jesus said to the crowd, “Am I leading a rebellion, that you have come out with swords and clubs to capture me? Every day I sat in the temple courts teaching, and you did not arrest me.⁵⁶ But this has all taken place that the writings of the prophets might be fulfilled.” Then all the disciples deserted him and fled.

John 18:8-9 Again he asked them, “Who is it you want?” And they said, “Jesus of Nazareth.”⁸ “I told you that I am he,” Jesus answered. “If you are looking for me, then let these men go.”

John 18:12-14 Then the detachment of soldiers with its commander and the Jewish officials arrested Jesus. They bound him¹³ and brought him first to Annas, who was the father-in-law of Caiaphas, the high priest that year.¹⁴ Caiaphas was the one who had advised the Jews that it would be good if one man died for the people.

Song: Nothing but the Blood <https://www.youtube.com/watch?v=BYjhGeAIG6k>
Nothing But The Blood by Matt Redman https://www.youtube.com/watch?v=UtsxdtEN_G4
Part 4:

Matt 26:57-68 Those who had arrested Jesus took him to Caiaphas, the high priest, where the teachers of the law and the elders had assembled.⁵⁸ But Peter followed him at a distance, right up to the courtyard of the high priest. He entered and sat down with the guards to see the outcome.⁵⁹ The chief priests and the whole Sanhedrin were looking for false evidence against Jesus so that they could put him to death.⁶⁰ But they did not find any, though many false witnesses came forward. Finally two came forward⁶¹ and declared, “This fellow said, ‘I am able to destroy the temple of God and rebuild it in three days.’”⁶² Then the high priest stood up and said to Jesus, “Are you not going to answer? What is this testimony that these men are bringing against you?”⁶³ But Jesus remained silent. The high priest said to him, “I charge you under oath by the living God: Tell us if you are the Christ, the Son of God.”⁶⁴ “Yes, it is as you say,” Jesus replied. “But I say to all of you: In the future you will see the Son of Man sitting at the right hand of the Mighty One and coming on the clouds of heaven.”⁶⁵ Then the high priest tore his clothes and said, “He has spoken blasphemy! Why do we need any more witnesses? Look, now you have heard the blasphemy.⁶⁶ What do you think?” “He is worthy of death,” they answered.⁶⁷ Then they spit in his face and struck him with their fists. Others slapped him⁶⁸ and said, “Prophecy to us, Christ. Who hit you?”

Matthew 26:69-75 Now Peter was sitting out in the courtyard, and a servant girl came to him. “You also were with Jesus of Galilee,” she said.⁷⁰ But he denied it before them all. “I don’t know what you’re talking about,” he said.⁷¹ Then he went out to the gateway, where another girl saw him and said to the people there, “This fellow was with Jesus of Nazareth.”⁷² He denied it again, with an oath: “I don’t know the man!”⁷³ After a little while, those standing there went up to Peter and said, “Surely you are one of them, for your accent gives you away.”⁷⁴ Then he began to call down curses on himself and he swore to them, “I don’t know the man!”

Immediately a rooster crowed. ⁷⁵ Then Peter remembered the word Jesus had spoken: “Before the rooster crows, you will disown me three times.” And he went outside and wept bitterly.

Mark 15:1 Very early in the morning, the chief priests, with the elders, the teachers of the law and the whole Sanhedrin, reached a decision. They bound Jesus, led him away and handed him over to Pilate.

John 18:28-37

²⁸ Then the Jews led Jesus from Caiaphas to the palace of the Roman governor. By now it was early morning, and to avoid ceremonial uncleanness the Jews did not enter the palace; they wanted to be able to eat the Passover. ²⁹ So Pilate came out to them and asked, “What charges are you bringing against this man?” Pilate said, “Take him yourselves and judge him by your own law.” “But we have no right to execute anyone,” the Jews objected. ³² This happened so that the words Jesus had spoken indicating the kind of death he was going to die would be fulfilled. ³³ Pilate then went back inside the palace, summoned Jesus and asked him, “Are you the king of the Jews?” ³⁴ “Is that your own idea,” Jesus asked, “or did others talk to you about me?” ³⁵ “Am I a Jew?” Pilate replied. “It was your people and your chief priests who handed you over to me. What is it you have done?” ³⁶ Jesus said, “My kingdom is not of this world. If it were, my servants would fight to prevent my arrest by the Jews. But now my kingdom is from another place.” ³⁷ “You are a king, then!” said Pilate. Jesus answered, “You are right in saying I am a king. In fact, for this reason I was born, and for this I came into the world, to testify to the truth. Everyone on the side of truth listens to me.” ³⁸ “What is truth?” Pilate asked. With this he went out again to the Jews and said, “I find no basis for a charge against him.

Luke 23:5-11 ⁵ But they insisted, “He stirs up the people all over Judea by his teaching. He started in Galilee and has come all the way here.” ⁶ On hearing this, Pilate asked if the man was a Galilean. ⁷ When he learned that Jesus was under Herod’s jurisdiction, he sent him to Herod, who was also in Jerusalem at that time. ⁸ When Herod saw Jesus, he was greatly pleased, because for a long time he had been wanting to see him. From what he had heard about him, he hoped to see him perform some miracle. ⁹ He plied him with many questions, but Jesus gave him no answer. ¹⁰ The chief priests and the teachers of the law were standing there, vehemently accusing him. ¹¹ Then Herod and his soldiers ridiculed and mocked him. Dressing him in an elegant robe, they sent him back to Pilate.

Matthew 27:19-23 While Pilate was sitting on the judge’s seat, his wife sent him this message: “Don’t have anything to do with that innocent man, for I have suffered a great deal today in a dream because of him.” ²⁰ But the chief priests and the elders persuaded the crowd to ask for Barabbas and to have Jesus executed. ²¹ “Which of the two do you want me to release to you?” asked the governor. “Barabbas,” they answered. ²² “What shall I do, then, with Jesus who is called Christ?” Pilate asked. They all answered, “Crucify him!” ²³ “Why? What crime has he committed?” asked Pilate. But they shouted all the louder, “Crucify him!”

Luke 23:20-23 Wanting to release Jesus, Pilate appealed to them again. ²¹ But they kept shouting, “Crucify him! Crucify him!” ²² For the third time he spoke to them: “Why? What crime has this man committed? I have found in him no grounds for the death penalty. Therefore I will have him punished and then release him.”

Matthew 27:23-30 But they shouted all the louder, “Crucify him!” ²⁴ When Pilate saw that he was getting nowhere, but that instead an uproar was starting, he took water and washed his hands in front of the crowd. “I am innocent of this man’s blood,” he said. “It is your responsibility!” ²⁵ All the people answered, “Let his blood be on us and on our children!” ²⁶ Then he released Barabbas to them. But he had Jesus flogged, and handed him over to be crucified. ²⁷ Then the governor’s soldiers took Jesus into the Praetorium and gathered the whole company of soldiers around him. ²⁸ They stripped him and put a scarlet robe on him, ²⁹ and then twisted together a crown of thorns and set it on his head. They put a staff in his right hand and knelt in front of him and mocked him. “Hail, king of the Jews!” they said. ³⁰ They spit on him, and took the staff and struck him on the head again

and again. After they had mocked him, they took off the robe and put his own clothes on him. Then they led him away to crucify him.

Song: The Wonderful Cross https://www.youtube.com/watch?v=H_sTag17-Ds

The Wonderful Cross by Chris Tomlin and Matt Redman

<https://www.youtube.com/watch?v=qC1lllwX4w>

Part 5:

Luke 23:26-32 As they led him away, they seized Simon from Cyrene, who was on his way in from the country, and put the cross on him and made him carry it behind Jesus.²⁷ A large number of people followed him, including women who mourned and wailed for him.²⁸ Jesus turned and said to them, “Daughters of Jerusalem, do not weep for me; weep for yourselves and for your children.²⁹ For the time will come when you will say, ‘Blessed are the barren women, the wombs that never bore and the breasts that never nursed!’³⁰ Then “ ‘they will say to the mountains, “Fall on us!” and to the hills, “Cover us!” ’³¹ For if men do these things when the tree is green, what will happen when it is dry?”³² Two other men, both criminals, were also led out with him to be executed.

Matthew 27:33-34 They came to a place called Golgotha (which means The Place of the Skull).³⁴ There they offered Jesus wine to drink, mixed with gall; but after tasting it, he refused to drink it.

Luke 22:33b-34 there they crucified him, along with the criminals—one on his right, the other on his left.³⁴ Jesus said, “Father, forgive them, for they do not know what they are doing.”

Matthew 27:35-44 When they had crucified him, they divided up his clothes by casting lots. And sitting down, they kept watch over him there.³⁷ Above his head they placed the written charge against him: THIS IS JESUS, THE KING OF THE JEWS. Two robbers were crucified with him, one on his right and one on his left.³⁹ Those who passed by hurled insults at him, shaking their heads⁴⁰ and saying, “You who are going to destroy the temple and build it in three days, save yourself! Come down from the cross, if you are the Son of God!”⁴¹ In the same way the chief priests, the teachers of the law and the elders mocked him.⁴² “He saved others,” they said, “but he can’t save himself! He’s the King of Israel! Let him come down now from the cross, and we will believe in him.⁴³ He trusts in God. Let God rescue him now if he wants him, for he said, ‘I am the Son of God.’ ”⁴⁴ In the same way the robbers who were crucified with him also heaped insults on him.

Song: Jesus Paid it All by Newsboys <https://www.youtube.com/watch?v=Hs05AtP2wd8>

In Christ Alone by Mercy Me <https://www.youtube.com/watch?v=rKKJqaaDyS8>

Part 6:

Luke 23:39-43³⁹ One of the criminals who hung there hurled insults at him: “Aren’t you the Christ? Save yourself and us!”⁴⁰ But the other criminal rebuked him. “Don’t you fear God,” he said, “since you are under the same sentence?”⁴¹ We are punished justly, for we are getting what our deeds deserve. But this man has done nothing wrong.”⁴² Then he said, “Jesus, remember me when you come into your kingdom.”⁴³ Jesus answered him, “I tell you the truth, today you will be with me in paradise.”

Matthew 27:45-54 From the sixth hour until the ninth hour darkness came over all the land.⁴⁶ About the ninth hour Jesus cried out in a loud voice, “*Eloi, Eloi,^a lama sabachthani?*”—which means, “My God, my God, why have you forsaken me?”^b

^a Some manuscripts *Eli, Eli*

^b Psalm 22:1

⁴⁷ When some of those standing there heard this, they said, “He’s calling Elijah.”

⁴⁸ Immediately one of them ran and got a sponge. He filled it with wine vinegar, put it on a stick, and offered it to Jesus to drink. ⁴⁹ The rest said, “Now leave him alone. Let’s see if Elijah comes to save him.”

John 19:30 When he had received the drink, Jesus said, “It is finished.” With that, he bowed his head and gave up his spirit.

Matthew 27:51-54 At that moment the curtain of the temple was torn in two from top to bottom. The earth shook and the rocks split. ⁵² The tombs broke open and the bodies of many holy people who had died were raised to life. ⁵³ They came out of the tombs, and after Jesus’ resurrection they went into the holy city and appeared to many people.

⁵⁴ When the centurion and those with him who were guarding Jesus saw the earthquake and all that had happened, they were terrified, and exclaimed, “Surely he was the Son of God!”

Pray

Song: King of Kings <https://www.youtube.com/watch?v=aQ2mxRMXQbI>

Living Hope <https://www.youtube.com/watch?v=9f2FXxDVO6w>